

Symptom Timeline - Self Reported

Date: 2025-04-07

Oct 2024: Noticed increased fatigue

Dec 2024: Joint pain began (especially AM stiffness)

Jan 2025: First low-grade fever episodes

Feb 2025: Facial rash triggered by sun exposure

Mar 2025: Memory issues, brain fog worsened

Apr 2025: Labs drawn, referred to rheumatology